



SUN SMART KIDS TRIATHLON

6 DECEMBER 2008

Presented by **BUSSELTON TRIATHLON CLUB**

INDIVIDUAL AND TEAM CATEGORIES

7 - 9 year olds	50 m swim/ 3km cycle / 500m run
10 - 11 year olds	100m swim/ 6km cycle / 1km run
12 – 15 year olds	300m swim/ 9km cycle / 2 km run

ENTRY FEES ACCEPTED

Up to December 4th Individual \$15 Team \$30 *No Late entries
 Team members all **MUST** be within an age group

SCHEDULE

Saturday, DECEMBER 6th

Location: **Georgette St Car Park, East of Busselton Jetty**

- Registration: 8:30 am to 10:00 am
- Briefing: 10:00am

Staggered start:

- 10 - 11 years old group brief 10.15am - start 10.25am
- 7 – 9 years old group brief 10.30am - start 10.40am
- 12 – 15 years old group brief 10.45am - start 11.00am

Presentation:

Athletes Village - Time 11.45am

ALL COMPETITORS WILL BE IN THE RUNNING FOR A NUMBER OF FANTASTIC SPOT PRIZES! THIS EVENT IS JUST FOR FUN AND WILL NOT BE TIMED. A PROFESSIONAL PHOTOGRAPHER WILL BE PRESENT AT THIS EVENT.

RULES

- SWIM** Swim Caps must be worn. No fins allowed. **Competitors must be competent swimmers of the specified distance. (100, 200 or 300 metres)**
- CYCLE** Any bike in roadworthy condition may be used. A bike helmet approved by a nationally accredited testing authority recognised by an affiliated national triathlon federation must be worn and fastened at ALL times while the bike is unracked. Any person not wearing an approved helmet will not be able to start the event. Upper torso must be covered during cycle & run. **Tri Bars are not to be used.**
- RUN** No form of locomotion other than running or walking is allowed. No individual support vehicles or escort runners are allowed. Running in bare feet is not allowed.
- TRANSITION** Bikes cannot be ridden in the transition area. Only race gear and race clothing is to be left in transition area. Bikes must be placed in correct bike stand after bike section. No race clothing or helmets may be discarded on course or transition area other than at your own bike location. **No Parents in Transition**
- SAFETY ADVICE** Drink plenty of fluid before and after the event, and don't forget to SLIP, SLOP, SLAP.
- OTHER** Competitors are expected to follow the directions of ALL race officials. Good sports-like conduct will be demanded of all participants. If you withdraw from the race, please notify an official.
- **Parents/guardians are to remain in attendance at all times during this event but are not permitted in the transition area at any time.**

PLEASE REGISTER ONLINE AT www.busseltontriclub.com AND CLICK ON THE KIDS TRI LINK.

